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CONTACT Erica Asmus-Otero 505-259-2202 erica@inpressllc.com or prdirector@jemezsprings.org

Adobe Morning Day Spa Becomes Jemez Springs’ Newest Place in which to Escape, Relax

JEMEZ SPRINGS, NM—Beloved as a hot springs retreat destination, Jemez Springs, New Mexico has expanded its wellness offerings with the addition of Adobe Morning Day Spa and Retreat which opened in January 2020.

The owners/massage therapists, Sarah and Cornelius Swarttouw, have nearly 45 years of combined massage experience and reside in Jemez Springs after moving from Asheville, NC. Not surprisingly, this husband and wife team specialize in couples massage but also provide an array of treatments including deep tissue, therapeutic massage, hot stone, organic facials, hydration wraps, custom-blend salt glows and even pregnancy massage.

“We are so excited to launch Adobe Morning and serve the local community as well as visitors who desire a little peace and down time in their lives,” said Sarah. “We are amazed, but not surprised, at how many clients we’ve served that have been coming to this Valley for years and absolutely love it. Cornelius and I came out to Jemez Springs ourselves on a day trip and never left. There is no better place to reconnect with nature, your loved ones and with caring for your body than Jemez Springs. Our clients leave able to breathe more deeply, standing taller and more open.”

Cornelius originates from Holland and speaks German, Dutch, French and some Spanish, which is helpful to the many European tourists visiting the area.

The elegant and private facility has two treatment rooms – one for couples, another for solo clients. The Swarttouw’s plan to design an eco-friendly Spa that will be built next door from the current location on their land.

Adobe Morning Day Spa and Retreat is now the third spa facility in Jemez Springs, joining the historic Jemez Springs Bath House and retreat facility, Cañon del Rio. Jemez Hot Springs, though not a spa, offers mineral hot springs soaks.

The spa is located at 15869 NM-4 in Jemez Springs, near the Santa Fe National Forest and located along the Jemez River, less than one hour northwest of Albuquerque.

Locals always receive a \$5 discount on all services and monthly massage packages are available. The spa’s Vacation Spa packages are moderately priced, from \$50 to \$228.

The spa is offering a “Grand Opening Special” which includes a couples massage for just \$140 for the entire month of March. Reservations are recommended but walk ins are welcome as the schedule allows. The spa books from 10 a.m. to 6 p.m. daily, and the schedule is always updated at www.adobemorningdayspa.com.

To make a reservation or for more information, contact Sarah at 828-782-8309 or book online at www.adobemorningdayspa.com.

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